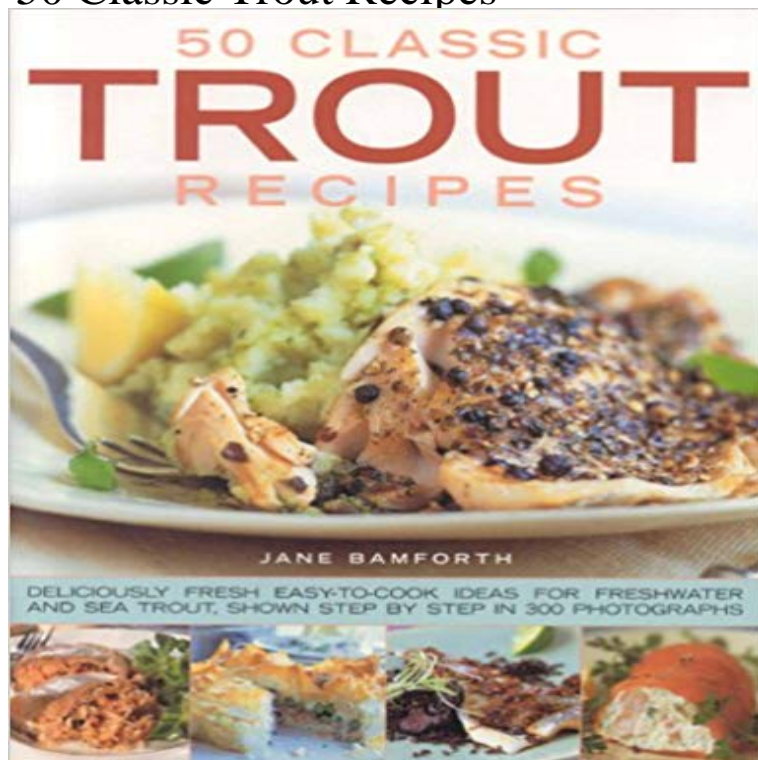


50 Classic Trout Recipes



The book opens with an illustrated guide to types of trout, including tips on choosing the best fish and how to prepare fresh fish for cooking. The 50 recipes that follow provide plenty of inspiration for serving up trout in new and exciting ways. From Trout Bisque, Smoked Trout Tartlets, and Cheese Scones with Trout Butter, to Stuffed Trout with Tarragon Sauce, Smoked Trout Risotto, and Thai-marinated Sea Trout, the versatility of this healthy fish is endless.

To all budding cooks do you have a family favourite trout recipe? Send us your original recipe, and we will feature the best in a future blog.

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great flavour, especially in this recipe.